

## **HQ Update - December 14, 2009** (View in email and on the web)

Wow, I cannot believe the new year is approaching us already! It seems just yesterday we were beginning 2009. I am excited to announce a new bi-monthly update method from Georgia HOSA for you the HOSA advisor and member. We have not created the "special name" for this update so if you have a great and creative idea please share it with us! Twice a month Georgia HOSA will communicate the latest happenings at HQ, upcoming events and deadlines and interesting facts.

As we prepare to leave for Christmas break we must also remember our next event/ deadline is for region online competition. January 6 is the deadline to register students for events. Remember, a student can only compete in one event. If they make it to the top 10 in their region, they will advance to the state leadership conference.

As you will see in your advisors guide for region competitions under "Preparing for Online Testing" number 8 talks about making sure all students are aware of testing times and locations. An idea would be to post the testing locations and times for each competitive events on the morning/afternoon announcements several days in a row. In addition make sure to post it in your class room on the dry erase board. View our region competitions page on the Georgia HOSA website for details.

Another new update from HQ is the format change in our calendar of events. We have heard from several advisors that the preference is a list format rather than the calendar interaction format. We have listened and last Wednesday, December 9th, we posted this online in PDF format. This is a great time to remind everyone to continue to check the "Website Updates" section on the right side of the homepage to ensure you are always up-to-date with our website changes/updates.

Our state officers just completed their Winter CTSO Officer training with the other CTSO state officers in Covington, GA. The officers had a great time talking about teamwork, proper sleep techniques, financial fitness, etc. In addition, they participated in the high ropes course which has several elements all about 25-30 feet in the air.

X-FACTOR (something personal non related to HOSA)

Sean, my assistant, has always wanted to do something in healthcare. At first he wanted to become an EMT, then after high school he changed directions and wanted to pursue radiology. He plans to start the spring quarter at Augusta Technical College in the radiology tech program. We are very excited about his decision! Sean's email is [sean.kinzler@georgiahosa.org](mailto:sean.kinzler@georgiahosa.org) if you want to drop him a line!

I have officially started back my training in martial arts. I started TaeKwonDo in 1993 and earned my black belt in 1997. I became a trainee instructor and assisted with teach classes for a while. After earning my 2nd degree black belt I decided to take a break. Now, in addition to TaeKwonDo, I am doing Brazilian Jiu Jitsu and Han Mu Do. Wish me luck!

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